Garden Gourmet

ΣΑΛΑΤΑ ΜΠΟΛ ΜΕ ΚΙΝΟΑ ΚΑΙ **VEGAN NUGGETS**[illegible]

ΣΥΣΤΑΤΙΚΑ

2 [illegible] **25 MIN** **[illegible]**

200 [illegible] VEGAN NUGGETS

[illegible] [illegible] iceberg

100 [illegible] [illegible] [illegible] [illegible], [illegible]

1 [illegible] [illegible]

150 [illegible] [illegible]

100 [illegible] Quinoa

4 [illegible]. Hummus

[illegible] [illegible] [illegible]

Απολαύστε το πεντανόστιμο σαλάτα μπολ με κινόα και vegan nuggets. Αυτή η απολαυστική συνταγή συνδυάζει τραγανά nuggets με κινόα και φρέσκα λαχανικά, όλα τοποθετημένα σε ένα μπολ για ένα νόστιμο και θρεπτικό γεύμα εν κινήσει.

ΟΔΗΓΙΕΣ ΠΑΡΑΣΚΕΥΗΣ

1.

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

2.

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 4 [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

3.

[illegible] [illegible] [illegible] iceberg [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

4.

[illegible] [illegible] Vegan Nuggets [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

CHECK OUT MORE RECIPES AT GARDENGOURMET.COM

Garden Gourmet Greece > [illegible] > [illegible] [illegible] [illegible] [illegible] [illegible] Vegan Nuggets[illegible]